

# **SUNSHINE COAST BLUES**

## **What is Rep Hockey?**

Representative (“Rep”) hockey is a level of hockey that requires a higher commitment of money and time than “C” (house) hockey. The Sunshine Coast Minor Hockey Association has both Rep and C hockey teams. SCMHA C teams are part of the Lions Gate League of Pacific Coast Amateur Hockey Association. SCMHA Rep teams are part of the A League of Pacific Coast Amateur Hockey Association.

### **Additional costs of Rep hockey:**

Rep fee - SCMHA charges rep players a fee of \$200 to \$255 to play rep hockey for the season. This is in addition to the regular registration fee and the \$60 rep tryout fee.

Team funds - Most rep teams collect funds from families to cover such costs as extra ice time, additional team development, tournaments, team building sessions, etc. The team fees may range from \$100 per family to \$400 or more per family, depending on the team’s plans and fundraising. If the tournaments selected by the team are out of town, additional travel costs will be incurred by families.

Typically rep teams play two games per week, one home game and one away which will require travel on the ferry and the expenses associated with that.

Off-ice uniform – Rep players are expected to dress appropriately to represent their association at home and away games. Players will be asked to provide and wear an off-ice uniform as selected by the team. This may be dress pants, shoes, shirt and tie or an athletic pants and jacket.

### **Additional time commitment for rep hockey:**

Games and practices - C teams have one practice and one or two games per week. Rep teams have two practices and two games per week. One of the weekly games will be at another association’s rink.

Rep team A leagues include teams from the Hope and Chilliwack area through to the Squamish and Whistler, and all points in between. In addition, there are four Washington State associations in the Pacific Coast A Leagues (PeeWee and above). Rep games are mid-week, starting at 6 pm or later, and on weekends. Rep players are usually asked to arrive at games 45-60 minutes before game time.

Commitment - Rep players are expected to make ice hockey a high priority in their schedules.

Conflicts with other activities are usually understood, but most coaches require that attending hockey games and practices be a player’s highest priority throughout the season.

Tournaments - Most rep teams play in at least two tournaments during the season and they may be out of town. Common out of town destinations include the Interior of BC or Vancouver Island.

Team development - Many rep teams arrange additional skill development, beyond the regular game and practice schedules.

### **Representative Behavior**

The SCMHA will require that players sign a “Code of Conduct” which outlines expected behavior both at home and away games. Players are also expected to demonstrate exemplary behavior in the ferry line up and on the ferry. Failure to do so may result in missing games or expulsion from the teams.